



CHURCH OF OUR SAVIOUR

Fourteenth Sunday after Pentecost

August 30, 2026 10:00 am

Choral Holy Eucharist

Welcome to our Sunday morning worship service at Church of Our Saviour. We are glad you are here.

For those who cannot join us in person, today's service is being live cast and recorded.

Please note the recording may be made publicly available on YouTube and Facebook.

SERVING TODAY

Presider: The Very Rev. Julia McCray-Goldsmith

Preacher: Rev. Gerald Caprio

Seminarian: David Mealy

Music Director: Jeanette Tietze

Lector: Jen Dodge, Koko Peters

Eucharistic Ministers: Jen Dodge, Koko Peters

Intercessor: Jen Dodge

Usher: John MacLeod, Amy Paulenich

Altar: Koko Peters, Susan Wetzler

Flowers: Frances Whitnall

Coffee Hour: Amy Paulenich

The Christian spiritual path is always walked in community. Our worship together is our response to the love of God. Gathering for worship allows us to support one another as we seek to respond to the call to Christian life.

If you are new to The Episcopal Church, we invite you to join in worship as you feel comfortable. The congregation reads the **bold** portions in this booklet in unison. Some people practice their personal piety through gestures such as making the sign of the cross or bowing at certain times because they find it helps them to focus and deepen their experience. There is no requirement to do so but, if you'd like to try, feel free to follow the lead of others in the room. You are invited to participate in all elements of the service, including taking Communion.

We extend a special welcome to families of all configurations. If you are attending with a family member who needs more room to wiggle or make noise, they'll probably find others like themselves in the toddler room off the narthex (vestibule), which families are welcome (but in no way required) to use.

The Episcopal Church is rooted in the Anglican tradition. We use *The Book of Common Prayer*, a book filled with prayers and liturgies that shape our worship. It is the red book you will find in front of you. Any Episcopal Church you attend will use a similar pattern for worship. This booklet makes use of *The Book of Common Prayer* and other texts, with a sidebar to help explain the shape and purpose of our liturgy. Your questions and your participation are always welcome

THE LITURGY OF THE WORD

PRELUDE

THE ACCLAMATION

Please stand as you are able.

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and forever.**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

People **Amen.**

PROCESSIONAL HYMN

Hymnal 675

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. *Amen.*

People **Amen.**

THE FIRST READING

Jeremiah 15:15-21

O Lord, you know; remember me and visit me, and bring down retribution for me on my persecutors. In your forbearance do not take me away; know that on your account I suffer insult. Your words were found, and I ate them, and your words became to me a joy and the delight of my heart; for I am called by your name, O Lord, God of hosts. I did not sit in the company of merry-makers, nor did I rejoice; under the weight of your hand I sat alone, for you had filled me with indignation. Why is my pain unceasing, my wound incurable, refusing to be healed? Truly, you are to me like a deceitful brook, like waters that fail.

Therefore, thus says the Lord: If you turn back, I will take you back, and you shall stand before me. If you utter what is precious, and not what is worthless, you shall serve as my mouth. It is they who will turn to you, not you who will turn to them. And I will make you to this people a fortified wall of bronze; they will fight against you, but they shall not prevail over you, for I am with you to save you and deliver you, says the Lord. I will

The Liturgy of the Word is the first half of our worship. We focus on God's work in the world by reading and reflecting on scripture and through prayer.

The opening sentences serve as a greeting for those who have gathered for worship.

This prayer, called the Collect for Purity, invites us to step out of our crowded day and into a consciousness of God's loving presence.

A hymn of praise always follows the opening words, so that we can begin our worship in gratitude.

A collect is a type of prayer that "collects" or "gathers" the intentions of the people.

There are different collects appointed for each day of the church year that attend to the themes of the readings and the church season.

We follow a three-year cycle of readings called a lectionary. On the same day the same scripture lessons are heard in congregations of all types throughout the world.

It is customary for lay people to read the Lessons. We welcome new readers. If you feel called to be one, please let the celebrant or a member of the community know.

deliver you out of the hand of the wicked, and redeem you from the grasp of the ruthless.

Reader Hear what the spirit is saying to God's people.
People **Thanks be to God.**

Psalm 26:1-8

Give judgment for me, O Lord,
for I have lived with integrity; *
have trusted in the Lord and have not faltered.
Test me, O Lord, and try me; *
examine my heart and my mind.
For your love is before my eyes; *
I have walked faithfully with you.
I have not sat with the worthless, *
nor do I consort with the deceitful.
I have hated the company of evildoers; *
I will not sit down with the wicked.
I will wash my hands in innocence, O Lord, *
that I may go in procession round your altar,
Singing aloud a song of thanksgiving *
and recounting all your wonderful deeds.
Lord, I love the house in which you dwell *
and the place where your glory abides.

THE SECOND READING

Romans 12:9-21

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, "Vengeance is mine, I will repay, says the Lord." No, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads." Do not be overcome by evil, but overcome evil with good.

Reader Hear what the spirit is saying to God's people.
People **Thanks be to God.**

SEQUENCE HYMN

Caribbean Alleluia

GOSPEL

Matthew 16:21-28

Please stand as you are able

Celebrant The Holy Gospel of our Saviour Jesus Christ according to Matthew.

The Psalms, ancient songs and poetry from the Old Testament, are sometimes called the prayer book of the Bible. They appear in our Book of Common Prayer as the Psalter, beginning on page 582.

Many of the Psalms are traditionally attributed to King David. They may be sung, recited, or read antiphonally.

The Second Reading, sometimes called the Epistle, is usually selected from the letters that were written to the early church communities. They are typically attributed to Paul, Peter and other apostles were written to guide and strengthen the young Christian communities.

The word Gospel means 'good news'. We hear part of the story of Jesus Christ, who, by revealing the depth of God's love for us, is the ultimate bringer of good news to the world.

People **Glory to you Lord Christ**

Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things." Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? "For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

Celebrant The Gospel of the Lord.
People **Praise to you, Lord Christ.**

SERMON

All sit.

Rev. Gerald Caprio

THE NICENE CREED

Please stand as you are able.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.**

**For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

The Gospel readings are taken from the New Testament books of Matthew, Mark, Luke and John.

Jesus's turn toward Jerusalem signals a decisive shift in Matthew's narrative, from public ministry to suffering, death, and resurrection. "Take up the cross" invokes Roman execution—an image of state terror—rather than a generalized metaphor for personal difficulty.

The sermon "breaks open" the Word of God and proclaims the gospel in the context of the readings from scripture, the liturgical occasion and the gathered congregation.

The Nicene Creed is a statement of our Christian faith. Based on the older Apostles Creed, the Nicene Creed was adopted by the Council of Nicaea in 325. It was shaped over the next century to resolve controversies over the divine and human natures of Jesus Christ, and the relationship of mutuality within the Holy Trinity.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

Reader I ask your prayers for God's people throughout the world; for our Bishop, Austin, and our diocese; for this parish community and this gathering; and for all ministers and people.

I ask your prayers for Church of Our Saviour as we continue our journey through this time of transition and discernment, and for wisdom and guidance in the search for our permanent rector.

In our Anglican cycle of prayer, we ask your prayers for **The Church of the Province of West Indies**. In our Diocesan cycle of prayer, we ask your prayers for **St. Augustine's, Oakland, St. Aidan's San Francisco and St. Aidan's, Bolinas**

In our parish cycle of prayer, we ask your prayers for the **Helmer, Herling and Sandberg** families and the Ministry of **COS Cares**. Pray for the Church.

Silence.

Reader I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.
Pray for justice and peace.

Silence.

Reader I ask your prayers for all who seek God, or a deeper knowledge of the divine.
Pray that they may find and be found by God in Christ.

Silence.

Reader I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. For healing, we pray especially for **Nini, Rom, Debbie, Larry, Nancy, Michelle, Katie, Leela, Betty, Roland, Jeanne, Charles, Michael, Pamela, Astrid, Dayna, Mare, Ladonna, Steve, Tin, Charles**
Pray for all in any need or trouble.

Silence.

Reader Please feel free to speak aloud the prayers of your heart
Silence.

Reader I ask your prayers for the departed, especially **Kay, Rosemary**
Pray for those who have died.

Silence.

In prayer we bring the needs of the world,
and our own needs, to God.

During The Prayers of the People, we pray for:

- The Universal Church, its members, and its mission
- The Nation and all in authority
- The welfare of the world
- The concerns of the local community
- Those who suffer and those in any trouble
- The departed

You are invited to name people, places or things in your heart or out loud following each intercession.

CONFESSION OF SIN

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Celebrant

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

THE PEACE

Celebrant The peace of the Lord be always with you.

People And also with you.

Then the Ministers and People may greet one another in the name of Jesus Christ.

In the Peace, we acknowledge that we encounter Christ in one another, and we prepare to receive communion.

In ancient times, Christians would greet each other with "the kiss of peace". Today we shake hands or hug. There are no set words- "Peace," "God's Peace," and "The Peace of the Lord be with you," are all commonly used.

WELCOME AND COMMUNITY ANNOUNCEMENTS

THE LITURGY OF THE TABLE

OFFERTORY ANTHEM

Representatives of the congregation bring the people's offerings of bread and wine to the celebrant.

The Liturgy of the Table is the second half of our worship. We shift our focus to the altar, God's table, where we meet Christ in the bread and wine that is offered, blessed, and shared.

In the offertory we present ourselves before God by offering the fruits of our common life and work. Your generosity supports the many ministries of Church of Our Saviour and The Episcopal Church around the world.



OFFERTORY

THE GREAT THANKSGIVING

Please stand as you are able.

Celebrant God be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give our thanks and praise.**

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit, you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing (say):

SANCTUS

Hymnal S-129

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is the one who comes in the name of the Lord. Hosanna in the highest.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life. On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

We begin Holy Communion with a dialogue (sometimes sung) that invites us to turn our attention towards God.

In the Eucharistic Prayer we praise God for the God's creating, saving and redeeming acts throughout history, and especially for the gift of Jesus Christ.

As we sing the Sanctus (Latin for 'Holy') we join with the whole heavenly host in praising God who calls us into relationship with the whole Body of Christ across time and space.

Together, we say a "memorial acclamation" that acknowledges that God is always on the side of humanity: past, present and future.

The priest asks God to send the Holy Spirit to bless the bread, wine, and us as we prepare to receive Communion.

In "The Great Amen" we all join in asking Jesus to be present in the bread and the wine.

The Lord's Prayer is the link between our daily bread, meaning the things we need to get through each day, and the spiritual food we will receive in the Eucharist.

Just like the bread and wine, our lives, if we choose to open them up to God, can also be taken (accepted by God), blessed (assured of God's loving-kindness and empowered to grow in God's Spirit), broken or poured (not held tightly in our own control), and shared (sent out to be Christ's presence in the world).

After communion, we say a prayer of thanksgiving together which reminds us to live our daily lives in the spirit of The Holy Eucharist, filled with thanksgiving, so that

Blood. Send us now into the world in peace and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Savior. Amen.

BLESSINGS

For birthdays

BCP p. 830

For travel

BCP p. 831

For anniversaries

BCP p. 431

For the assembly (Celebrant)

RECESSIONAL HYMN

Hymnal 344

DISMISSAL

Celebrant Let us go forth into the world, rejoicing in the power of the Spirit.

People Thanks be to God. Thanks be to God. Alleluia, Alleluia.

POSTLUDE

what we celebrate in the liturgy might become realized in our lives.

The priest offers the congregation a blessing that assures us of God's ongoing love, guidance, and presence in our lives.

The final act of our common worship is the Dismissal. It is not an afterthought, but an integral part of the service.

We are sent out as apostles, to carry forward Christ's own work to change the world, and to call forth God's Kingdom. We go out from the church in mission and ministry to the world.

COMMUNITY CALENDAR

Wednesday, September 2, Holy Eucharist and Bible Study
Sanctuary & Leppo Room, 10:30am (service) 11:00-Noon (Bible Study)

Friday, September 4, St. Anne's Circle
Fireside Room, 10:00am-Noon

Sunday, September 6, Seen and Unseen
Art Exhibition & Artist Talk by Carol Aust,
Central American themed coffee hour
Sanctuary & Fireside Room, 11:15am

Monday, September 7, Adult Education: The Creed
"Curry and The Creeds" -Please bring a Curry to share, rice will be provided.
Fireside Room 6:00pm-8:00pm

Sunday, September 13, Bishop Visit at COS
Sanctuary, 10:00am

Please Note: there will be no 8:00am service on this Sunday.

Saturday, September 26, Autumn Full Moon Sound Bath Experience
Hosted by: Blue Muse Sound Healing
Sanctuary, 6:00pm-7:00pm – Doors open at 5:30pm



CHURCH OF
OUR SAVIOUR

The Bishop is Coming!



On **Sunday, September 13**,
Bishop Austin Rios will make his
first formal Visitation to
Church of Our Saviour.

Let's give him a visit to remember!



SUNDAY, SEPTEMBER 13

• SPECIAL HIGHLIGHTS OF THE VISIT INCLUDE •



CONFIRMATION

For those ready to
affirm their faith.



RECEPTION

Come enjoy delicious
food, fellowship, and
a joyful celebration!



RENEWAL OF BAPTISMAL VOWS

For anyone who wants
some extra blessing.



ART SHOW ART INSTALLATION BY CAROL AUST

We'll be unveiling
beautiful new artwork
in our church!



SPECIAL FOOD & FUN

Come enjoy delicious
food, fellowship, and
a joyful celebration!



CHURCH OF
OUR SAVIOUR

*Growing in Faith.
Sharing God's Love.*



MARK YOUR CALENDARS!

We can't wait to celebrate together!

Episcopal Church of Our Saviour
10 Old Mill St. Mill Valley, CA 94941 - (415) 388-1907
office@cosmv.org – on the web at cosmv.org
on Instagram @cos_mv and on Facebook at facebook.com/oursaviourmillvalley

Bishop of the Diocese of California: The Rt. Rev. Austin Keith Rios
Dean of Marin: The Very Rev. Chip Larrimore

Interim Rector: The Very Rev. Julia McCray-Goldsmith

rector@cosmv.org

Ecumenical Associate: The Rev. Gerald Caprio

interfaithgerryc@gmail.com

Seminarian: David Mealy

seminarian@cosmv.org

Family Ministries: The Rev. Gerry Caprio

interfaithgerryc@gmail.com

Music Director: Jeanette Tietze

music@cosmv.org

Communications Administrator: Muneera Mansuri

office@cosmv.org

Senior Warden: Mike Peters

seniorwarden@cosmv.org

Junior Warden: Clifford Waldeck

Altar Guild: Koko Peters

kokopeters@gmail.com

Coffee Hour /Parish Life

office@cosmv.org

Healing Team and Prayers

healing@cosmv.org

Stewardship: Koko peters, Mike Peters, Frances Whitnall

Rector Search Committee: Kathleen Piraino

kathleen.piraino@gmail.com

COS Cares/ Pastoral Care: Caroline Gibbs, Amy Paulenich, The Rev. Gerry Caprio

cos-cares@cosmv.org

Vestry Members: Jennifer Dodge (clerk), Caroline Gibbs, Dallas Forshew,
John Macleod, Katheryne Monier, Amy Paulenich, Frances Whitnall

WORSHIP AT CHURCH OF OUR SAVIOUR

Sundays: 8:00 am Eucharist, Rite I

10:00 am Choral Eucharist & Fellowship Coffee Hour

Wednesdays: 10:30 am Holy Communion followed by Bible Study