



CHURCH OF OUR SAVIOUR

Tenth Sunday after Pentecost

August 2, 2026 10:00 am

Choral Holy Eucharist

Welcome to our Sunday morning worship service at Church of Our Saviour. We are glad you are here.

For those who cannot join us in person, today's service is being live cast and recorded. Please note the recording may be made publicly available on YouTube and Facebook.

SERVING TODAY

Presider: The Very Rev. Julia McCray-Goldsmith

Preacher: Reverend Gerald Caprio

Seminarian: David Mealy

Music Director: Jeanette Tietze

Lector: Caroline Gibbs, Mike Peters

Eucharistic Ministers: Koko Peters, Bill Cullen

Intercessor: Caroline Gibbs

Youth Acolyte: Cora Dawson

Usher: John MacLeod

Altar: Connie Goldsmith, Gay Johnson

Flowers: Judith Miller

The Christian spiritual path is always walked in community. Our worship together is our response to the love of God. Gathering for worship allows us to support one another as we seek to respond to the call to Christian life.

If you are new to The Episcopal Church, we invite you to join in worship as you feel comfortable. The congregation reads the **bold** portions in this booklet in unison. Some people practice their personal piety through gestures such as making the sign of the cross or bowing at certain times because they find it helps them to focus and deepen their experience. There is no requirement to do so but, if you'd like to try, feel free to follow the lead of others in the room. You are invited to participate in all elements of the service, including taking Communion.

We extend a special welcome to families of all configurations. If you are attending with a family member who needs more room to wiggle or make noise, they'll probably find others like themselves in the toddler room off the narthex (vestibule), which families are welcome (but in no way required) to use.

The Episcopal Church is rooted in the Anglican tradition. We use *The Book of Common Prayer*, a book filled with prayers and liturgies that shape our worship. It is the red book you will find in front of you. Any Episcopal Church you attend will use a similar pattern for worship. This booklet makes use of *The Book of Common Prayer* and other texts, with a sidebar to help explain the shape and purpose of our liturgy. Your questions and your participation are always welcome

THE LITURGY OF THE WORD

PRELUDE

THE ACCLAMATION

Please stand as you are able.

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and forever.**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

People **Amen.**

PROCESSIONAL HYMN

Hymnal 304

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

People **Amen.**

THE FIRST READING

Isaiah 55:1-5

Thus says the Lord:
"Ho, everyone who thirsts,
come to the waters;
and you that have no money,
come, buy and eat!
Come, buy wine and milk
without money and without price.
Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?
Listen carefully to me, and eat what is good,
and delight yourselves in rich food.
Incline your ear, and come to me;
listen, so that you may live.
I will make with you an everlasting covenant,
my steadfast, sure love for David.

The Liturgy of the Word is the first half of our worship. We focus on God's work in the world by reading and reflecting on scripture and through prayer.

The opening sentences serve as a greeting for those who have gathered for worship.

This prayer, called the Collect for Purity, invites us to step out of our crowded day and into a consciousness of God's loving presence.

A hymn of praise always follows the opening words, so that we can begin our worship in gratitude.

A collect is a type of prayer that "collects" or "gathers" the intentions of the people.

There are different collects appointed for each day of the church year that attend to the themes of the readings and the church season.

We follow a three-year cycle of readings called a lectionary. On the same day the same scripture lessons are heard in congregations of all types throughout the world.

It is customary for lay people to read the Lessons. We welcome new readers. If you feel called to be one, please let the celebrant or a member of the community know.

See, I made him a witness to the peoples,
a leader and commander for the peoples.
See, you shall call nations that you do not know,
and nations that do not know you shall run to you,
because of the LORD your God, the Holy One of Israel,
for he has glorified you."

Reader Hear what the spirit is saying to God's people.
People **Thanks be to God.**

Psalm 145: 8-9, 15-22

The Lord is gracious and full of compassion, *
slow to anger and of great kindness.
The Lord is loving to everyone *
and his compassion is over all his works.
The Lord upholds all those who fall; *
he lifts up those who are bowed down.
The eyes of all wait upon you, O Lord, *
and you give them their food in due season.
You open wide your hand *
and satisfy the needs of every living creature.
The Lord is righteous in all his ways *
and loving in all his works.
The Lord is near to those who call upon him, *
to all who call upon him faithfully.
He fulfills the desire of those who fear him; *
he hears their cry and helps them.
The Lord preserves all those who love him, *
but he destroys all the wicked.
My mouth shall speak the praise of the Lord; *
let all flesh bless his holy Name for ever and ever.

THE SECOND READING

Romans 9:1-5

I am speaking the truth in Christ-- I am not lying; my conscience confirms it by the Holy Spirit-- I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

Reader Hear what the spirit is saying to God's people.
People **Thanks be to God.**

SEQUENCE HYMN

Caribbean Alleluia

GOSPEL

Matthew 14:13-21

Please stand as you are able

Celebrant The Holy Gospel of our Saviour Jesus Christ according to Matthew.

The Psalms, ancient songs and poetry from the Old Testament, are sometimes called the prayer book of the Bible. They appear in our Book of Common Prayer as the Psalter, beginning on page 582.

Many of the Psalms are traditionally attributed to King David. They may be sung, recited, or read antiphonally.

The Second Reading, sometimes called the Epistle, is usually selected from the letters that were written to the early church communities. They are typically attributed to Paul, Peter and other apostles were written to guide and strengthen the young Christian communities.

The word Gospel means 'good news'. We hear part of the story of Jesus Christ, who, by revealing the depth of God's love for us, is the ultimate bringer of good news to the world.

People Glory to you Lord Christ

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Celebrant The Gospel of the Lord.
People Praise to you, Lord Christ.

SERMON

All sit.

Reverend Gerald Caprio

THE NICENE CREED

Please stand as you are able.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.**

**For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

The Gospel readings are taken from the New Testament books of Matthew, Mark, Luke and John.

Matthew's feeding story, likely shaped for house-churches in Syria or Palestine, echoes Exodus manna and Elijah-Elisha feeding miracles amid food insecurity in agrarian Galilee. Jesus' compassion toward a crowd in a "deserted place" critiques elite banquets and Roman patronage, portraying alternative communal sharing that embodies messianic abundance for marginalized hearers.

The sermon "breaks open" the Word of God and proclaims the gospel in the context of the readings from scripture, the liturgical occasion and the gathered congregation.

The Nicene Creed is a statement of our Christian faith. Based on the older Apostles Creed, the Nicene Creed was adopted by the Council of Nicaea in 325. It was shaped over the next century to resolve controversies over the divine and human natures of Jesus Christ, and the relationship of mutuality within the Holy Trinity.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

Reader I ask your prayers for God's people throughout the world; for our Bishop, Austin, and our diocese; for this parish community and this gathering; and for all ministers and people.

I ask your prayers for Church of Our Saviour as we continue our journey through this time of transition and discernment, and for wisdom and guidance in the search for our permanent rector.

In our Anglican cycle of prayer, we ask your prayers for **The Church of the Province of Uganda**. In our Diocesan cycle of prayer, we ask your prayers for the **preschools, daycare programs and after school programs housed in our churches**.

In our parish cycle of prayer, we ask your prayers for the **Piraino, Portwood and Graham** families and the Ministry of **Vestry**.
Pray for the Church.

Silence.

Reader I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.
Pray for justice and peace.

Silence.

Reader I ask your prayers for all who seek God, or a deeper knowledge of the divine.
Pray that they may find and be found by God in Christ.

Silence.

Reader I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. For healing, we pray especially for **Nini, Rom, Debbie, Larry, Nancy, Michelle, Katie, Leela, Betty Roland, Jeanne, Charles, Michael, Pamela, the Taulet family**
Pray for all in any need or trouble.

Silence.

Reader Please feel free to speak aloud the prayers of your heart
Silence.

Reader I ask your prayers for the departed, especially **Kay**
Pray for those who have died.

Silence.

In prayer we bring the needs of the world,
and our own needs, to God.

During The Prayers of the People, we pray for:

- The Universal Church, its members, and its mission
- The Nation and all in authority
- The welfare of the world
- The concerns of the local community
- Those who suffer and those in any trouble
- The departed

You are invited to name people, places or things in your heart or out loud following each intercession.

CONFESSION OF SIN

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Celebrant

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

THE PEACE

Celebrant The peace of the Lord be always with you.

People And also with you.

Then the Ministers and People may greet one another in the name of Jesus Christ.

WELCOME AND COMMUNITY ANNOUNCEMENTS

THE LITURGY OF THE TABLE

OFFERTORY ANTHEM

Representatives of the congregation bring the people's offerings of bread and wine to the celebrant.

In the Peace, we acknowledge that we encounter Christ in one another, and we prepare to receive communion.

In ancient times, Christians would greet each other with "the kiss of peace". Today we shake hands or hug. There are no set words- "Peace," "God's Peace," and "The Peace of the Lord be with you," are all commonly used.

The Liturgy of the Table is the second half of our worship. We shift our focus to the altar, God's table, where we meet Christ in the bread and wine that is offered, blessed, and shared.

In the offertory we present ourselves before God by offering the fruits of our common life and work. Your generosity supports the many ministries of Church of Our Saviour and The Episcopal Church around the world.



OFFERTORY

THE GREAT THANKSGIVING

Please stand as you are able.

Celebrant God be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give our thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit, you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing (say):

SANCTUS

Hymnal S-129

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is the one who comes in the name of the Lord. Hosanna in the highest.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life. On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

We begin Holy Communion with a dialogue (sometimes sung) that invites us to turn our attention towards God.

In the Eucharistic Prayer we praise God for the God's creating, saving and redeeming acts throughout history, and especially for the gift of Jesus Christ.

As we sing the Sanctus (Latin for 'Holy') we join with the whole heavenly host in praising God who calls us into relationship with the whole Body of Christ across time and space.

**Christ has died.
Christ is risen.
Christ will come again.**

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.
AMEN.

People **Amen.**
Celebrant And now, as our Savior Christ has taught us, we are bold to say,

People **Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those
 who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.**

THE BREAKING OF THE BREAD

FRACTION ANTHEM

Celebrant The Gifts of God for the People of God.

Hymnal S-154

COMMUNION HYMN

Gluten free wafers are available on request. All who are seeking Christ are invited to receive communion. Hold out your hands and you will be given the bread. Help the cupbearer by guiding the chalice to your lips by the base. You may also receive the bread and the wine together. Hold the bread in your hand and the chalice-bearer will dip it in the wine and return it to your hand. You have fully received communion if you receive only the bread or the wine. If you would prefer to receive a blessing simply cross your arms over your chest. Whoever you are, and whatever you need today, you are welcome here and we are glad you are with us.

Hymnal 321

POST COMMUNION PRAYER

Please stand as you are able.

Celebrant Let us pray.

Together, we say a "memorial acclamation" that acknowledges that God is always on the side of humanity: past, present and future.

The priest asks God to send the Holy Spirit to bless the bread, wine, and us as we prepare to receive Communion.

In "The Great Amen" we all join in asking Jesus to be present in the bread and the wine.

The Lord's Prayer is the link between our daily bread, meaning the things we need to get through each day, and the spiritual food we will receive in the Eucharist.

Just like the bread and wine, our lives, if we choose to open them up to God, can also be taken (accepted by God), blessed (assured of God's loving-kindness and empowered to grow in God's Spirit), broken or poured (not held tightly in our own control), and shared (sent out to be Christ's presence in the world).

People **Eternal God, you have graciously accepted us as living members of our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Savior. Amen.**

BLESSINGS

For birthdays

BCP p. 830

For travel

BCP p. 831

For anniversaries

BCP p. 431

For the assembly (Celebrant)

RECESSIONAL HYMN

Hymnal 309

DISMISSAL

Celebrant **Let us go forth into the world, rejoicing in the power of the Spirit.**

People **Thanks be to God. Thanks be to God. Alleluia, Alleluia.**

POSTLUDE

After communion, we say a prayer of thanksgiving together which reminds us to live our daily lives in the spirit of The Holy Eucharist, filled with thanksgiving, so that what we celebrate in the liturgy might become realized in our lives.

The priest offers the congregation a blessing that assures us of God's ongoing love, guidance, and presence in our lives.

The final act of our common worship is the Dismissal. It is not an afterthought, but an integral part of the service.

We are sent out as apostles, to carry forward Christ's own work to change the world, and to call forth God's Kingdom. We go out from the church in mission and ministry to the world.

COMMUNITY CALENDAR

Monday, August 3, Adult Education

Saved: The Why and the How

Fireside Room, 6:00pm-8:00pm

Wednesday, August 5, Holy Eucharist & Bible Study

Sanctuary & Leppo room 10:30am-Noon

Friday, Aug 7, St. Anne's Circle

Fireside Room, 10:00am-Noon

Sunday, August 9, Summer Picnic/BBQ Coffee Hour

Fireside Room & Labyrinth Patio, 11:15am-1:30pm

Sunday, September 5, Seen and Unseen

Art Exhibition and Artist Talk by Carol Aust

Sanctuary, 11:15am



CHURCH OF
OUR SAVIOUR

The Bishop is Coming!



On **Sunday, September 13**,
Bishop Austin Rios will make his
first formal Visitation to
Church of Our Saviour.

*Let's give him a visit to remember
(and to talk about with our
potential rector candidates)!*



SUNDAY, SEPTEMBER 13

• SPECIAL HIGHLIGHTS OF THE VISIT INCLUDE •



CONFIRMATION

For those ready to
affirm their faith.



RECEPTION

(for those coming from
other Christian
faith traditions)



RENEWAL OF BAPTISMAL VOWS

For anyone who wants
some extra blessing.



Let Rev. Julia know if you would like to participate in any of these rites.



NEW ARTWORK INSTALLATION

We'll be unveiling
beautiful new artwork
in our church!



SPECIAL FOOD & FUN

Come enjoy delicious
food, fellowship, and
a joyful celebration!



CHURCH OF
OUR SAVIOUR

*Growing in Faith.
Sharing God's Love.*



MARK YOUR CALENDARS!

We can't wait to celebrate together!

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Dean of Marin: The Very Rev. Chip Larrimore

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Altar Guild: Koko Peters

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Healing Team and Prayers

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Stewardship: Elizabeth Mooney, Mike Peters, Kathleen Piraino

Rector Search Committee: Kathleen Piraino

kathleen.piraino@gmail.com

COS Cares/ Pastoral Care: Caroline Gibbs, Amy Paulenich, The Rev. Gerry Caprio

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Vestry Members: Jennifer Dodge (clerk), Caroline Gibbs, Dallas Forshew,
John Macleod, Katheryne Monier, Amy Paulenich, Frances Whitnall

WORSHIP AT CHURCH OF OUR SAVIOUR

Sundays: 8:00 am Eucharist, Rite I

10:00 am Choral Eucharist & Fellowship Coffee Hour

Wednesdays: 10:30 am Holy Communion followed by Bible Study