

The Lord's Prayer Body Prayer

This body prayer may be done alone or in a group.
If in a group, a circle is formed.

Do the body prayer three times.
Use words the first two times.
The last time is done silently.

For each pose on the following pages,
read say the adjacent lines of the Lord's Prayer.

The Lord's Prayer Body Prayer

© Copyright 2009 Sally Thomas, Accredited Godly Play Trainer
millvalleysally@gmail.com

Used by permission. All rights reserved.

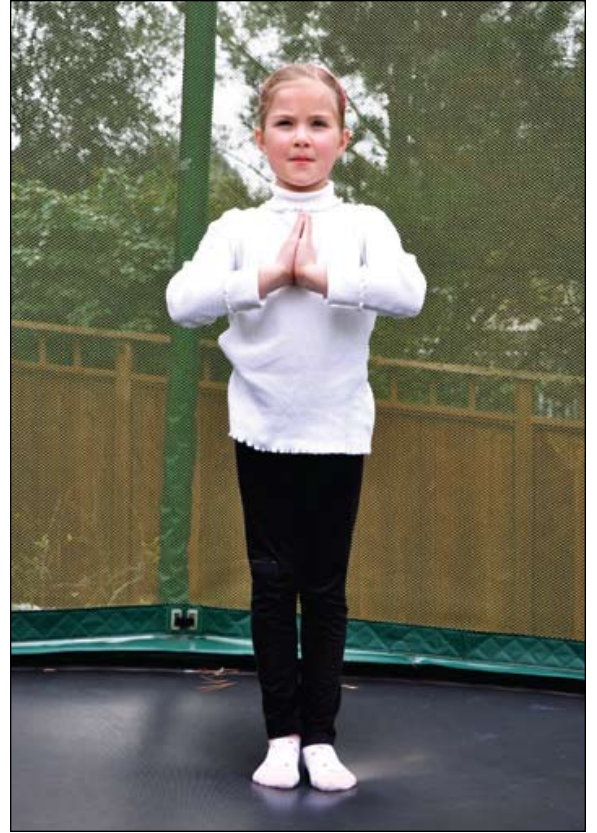
Images © Copyright 2011 Sarah C. Jones www.sarahcjones.com

Used by permission. All rights reserved.

Appendix 5

**Our Father,
who art in heaven**

**Hallowed be
thy name.**



**Thy kingdom come.
Thy will be done...**



The Lord's Prayer Body Prayer

© Copyright 2009 Sally Thomas, Accredited Godly Play Trainer
millvalleysally@gmail.com

Used by permission. All rights reserved.

Images © Copyright 2011 Sarah C. Jones www.sarahcjones.com

Used by permission. All rights reserved.

Appendix 5

**...on earth
as it is in heaven.**



**Give us this day
our daily bread...**

The Lord's Prayer Body Prayer

© Copyright 2009 Sally Thomas, Accredited Godly Play Trainer
millvalleysally@gmail.com

Used by permission. All rights reserved.

Images © Copyright 2011 Sarah C. Jones www.sarahcjones.com

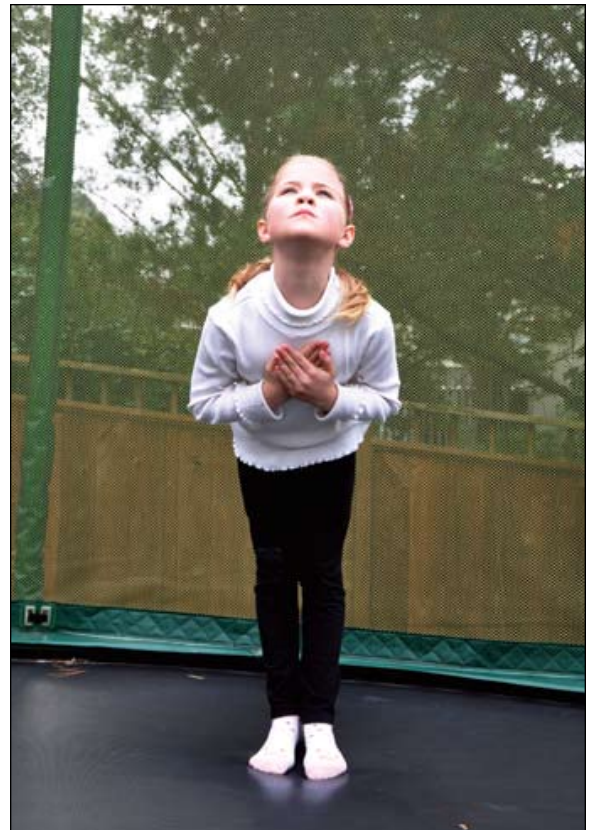
Used by permission. All rights reserved.

Appendix 5

**And forgive us
our trespasses...**



**...as we forgive those
who trespass
against us.**



The Lord's Prayer Body Prayer

© Copyright 2009 Sally Thomas, Accredited Godly Play Trainer
millvalleysally@gmail.com

Used by permission. All rights reserved.

Images © Copyright 2011 Sarah C. Jones www.sarahcjones.com

Used by permission. All rights reserved.

Appendix 5

**And lead us not
into temptation...**



**...but deliver us
from evil.**



The Lord's Prayer Body Prayer
© Copyright 2009 Sally Thomas, Accredited Godly Play Trainer
millvalleysally@gmail.com
Used by permission. All rights reserved.
Images © Copyright 2011 Sarah C. Jones www.sarahcjones.com
Used by permission. All rights reserved.

Appendix 5

**For thine is
the kingdom
and the power
and the glory
forever.**



The Lord's Prayer Body Prayer

© Copyright 2009 Sally Thomas, Accredited Godly Play Trainer
millvalleysally@gmail.com

Used by permission. All rights reserved.

Images © Copyright 2011 Sarah C. Jones www.sarahcjones.com

Used by permission. All rights reserved.

Appendix 5

A – ...



... – men.



The Lord's Prayer Body Prayer
© Copyright 2009 Sally Thomas, Accredited Godly Play Trainer
millvalleysally@gmail.com
Used by permission. All rights reserved.
Images © Copyright 2011 Sarah C. Jones www.sarahcjones.com
Used by permission. All rights reserved.